



Desarrollo emocional: autoestima y autoconocimiento

Con Monstruo Rosa, de Olga de Dios



DINÁMICA 1

DINÁMICA 2

DINÁMICA 3



		
A Monstruo Azul	le gusta	dar abrazos.



		
	Y a vosotros	



		
A Rana de Tres Ojos	le gusta	saltar.



		
	Y a vosotros	

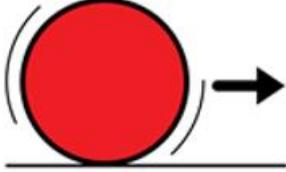


		
A Pájaro Amarillo	le gusta	cantar.



		
	Y a vosotros	



		
A Bicho Pelota	le gusta	rodar.



		
	Y a vosotros	



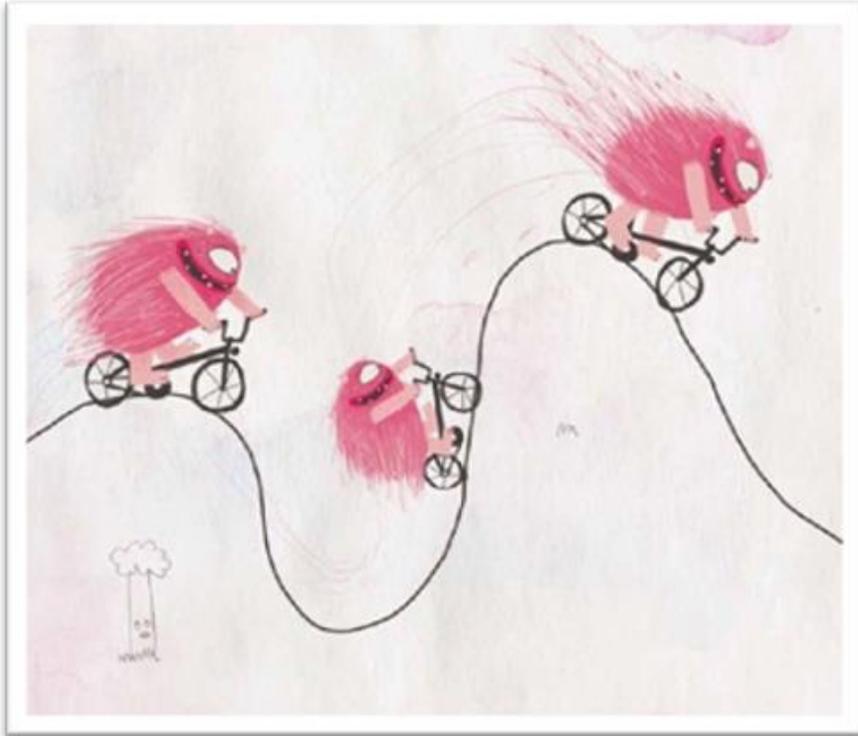
A Monstruo Rosa



le gusta



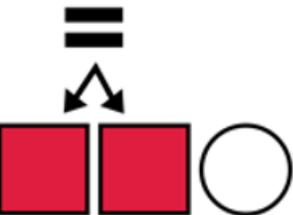
montar en bici.

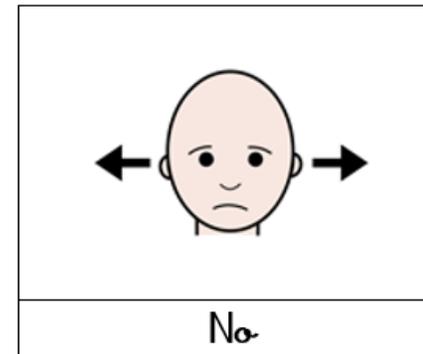
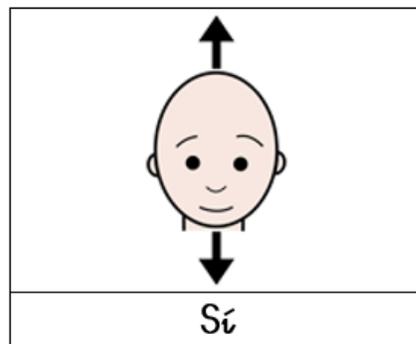


Y a vosotros



				
Monstruo Azul	Rana de Tres Ojos	Pájaro Amarillo	Bicho Pelota	Monstruo Rosa

			
	Les gusta	lo mismo	





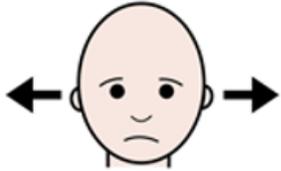
Di	qué te gusta	a ti.

	A tus compañeros	les gusta	lo mismo	

				
Monstruo Azul	Rana de Tres Ojos	Pájaro Amarillo	Bicho Pelota	Monstruo Rosa

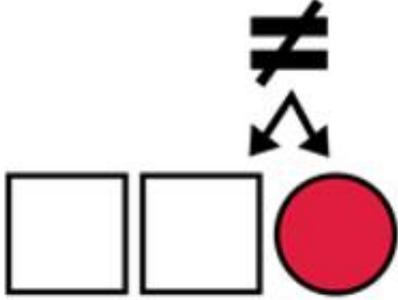
		
	Son amigos	

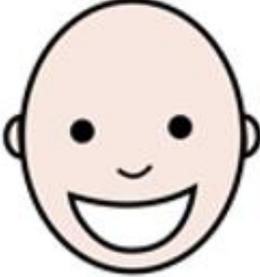

Sí


No

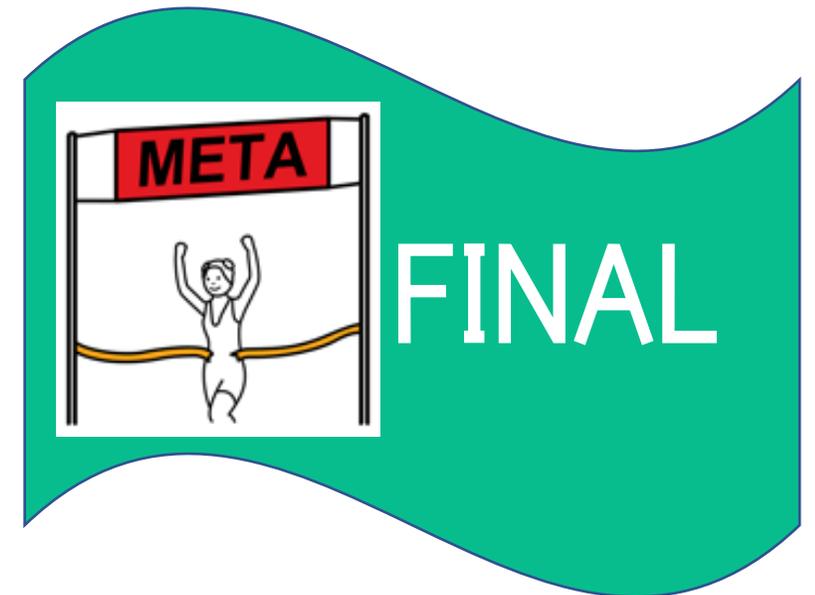


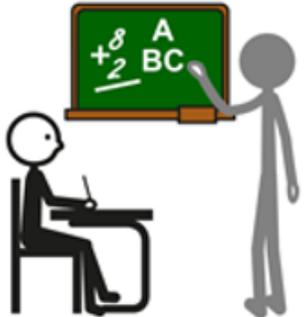
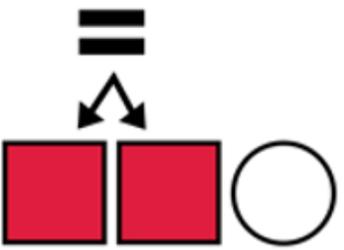
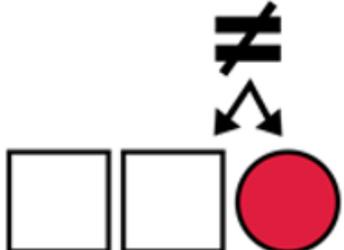


		
Si nos gustan	cosas diferentes,	podemos ser amigos.

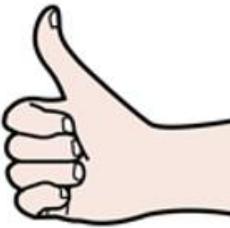
			
Porque a todos	nos gusta	jugar	y reír.





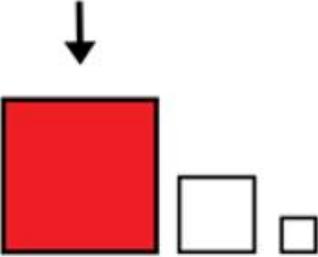
				
<p>Hemos aprendido</p>	<p>que a los amigos</p>	<p>nos gustan</p>	<p>cosas iguales y</p>	<p>cosas diferentes.</p>

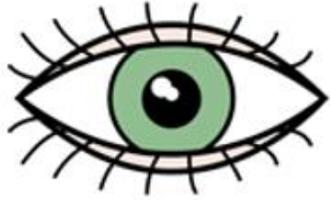


		
	<p>Y eso es bueno</p>	





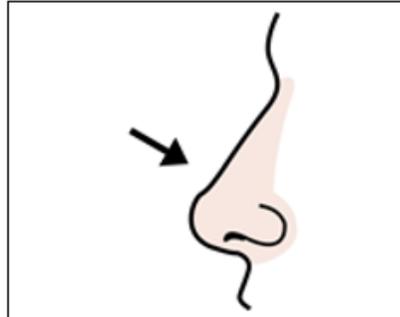
	
Es rosa	y grande.

	
Tiene un	ojo.

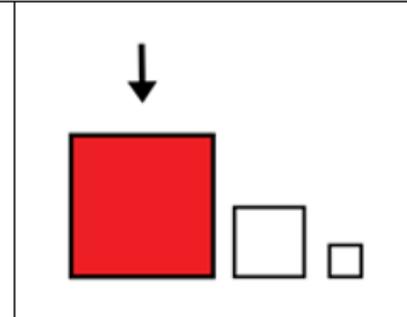

No lleva ropa.



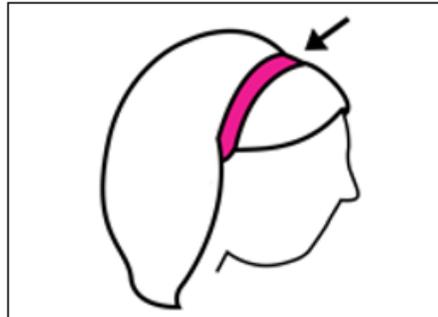
Es azul.



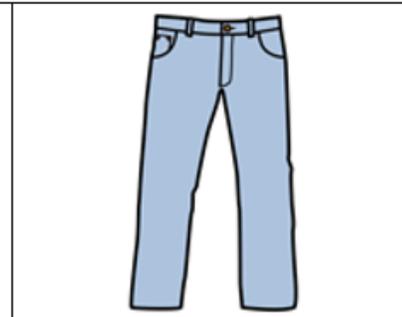
Tiene una nariz



grande.



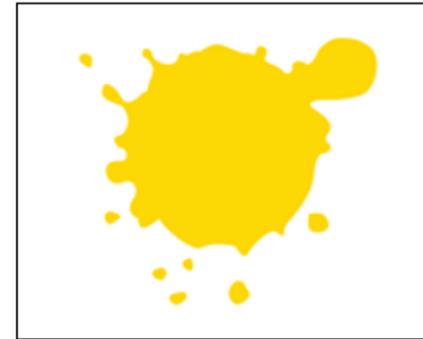
Lleva una diadema



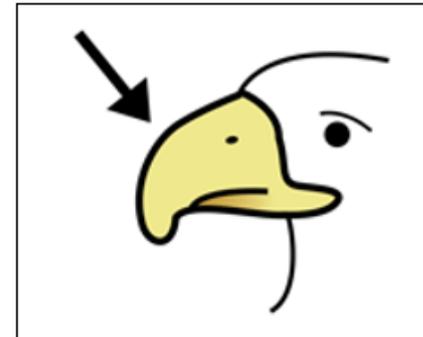
y un pantalón



rosas.



Es amarillo.



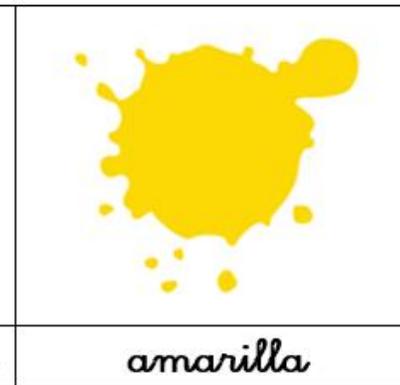
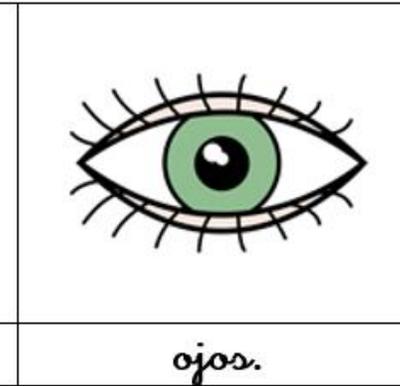
Tiene pico



y plumas.

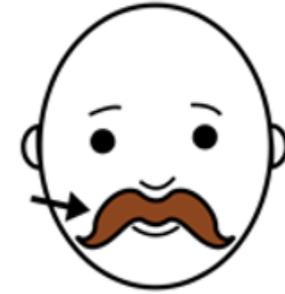


No lleva ropa.

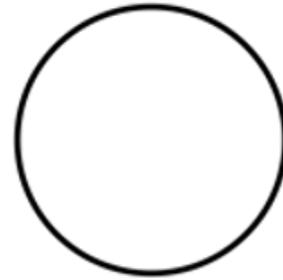




Es negro y



tiene bigote.



Es redondo y

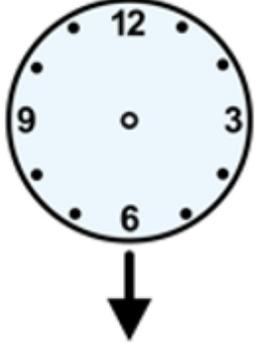


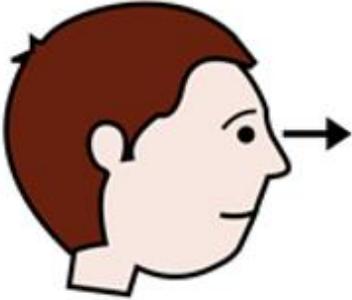
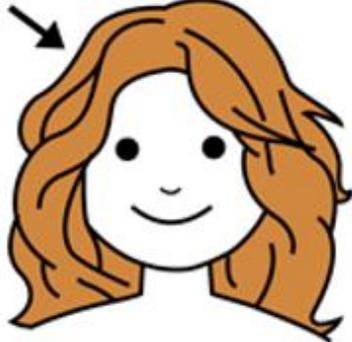
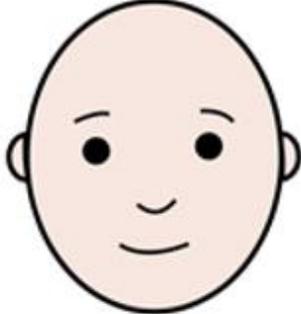
no tiene pies.



No lleva ropa



	
Ahora	vosotros.

				
Observar	el pelo,	la cara,	el cuerpo,	la ropa.



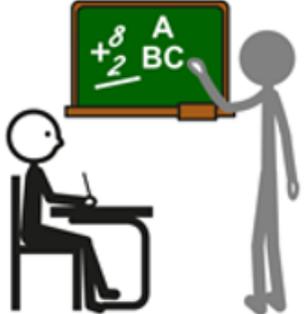
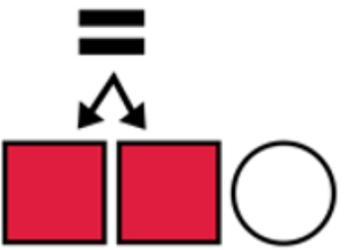
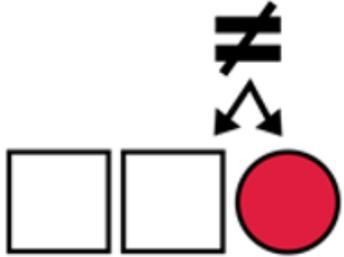
Muy bien

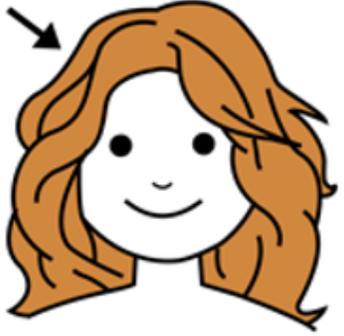
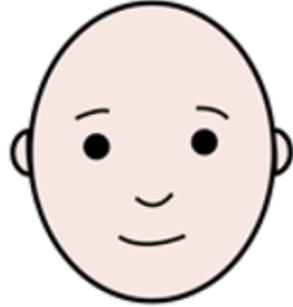
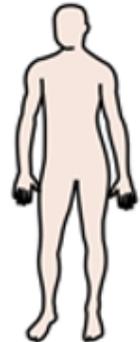
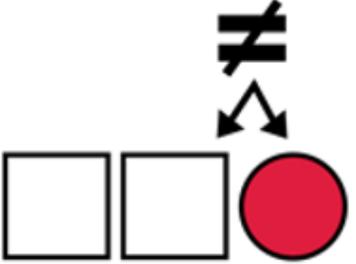
Todos nosotros	somos diferentes.

	Y eso es bueno	

META

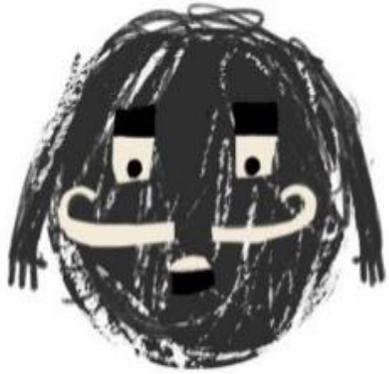
FINAL

				
<p>Hemos aprendido</p>	<p>que a los amigos</p>	<p>nos gustan</p>	<p>cosas iguales y</p>	<p>cosas diferentes.</p>

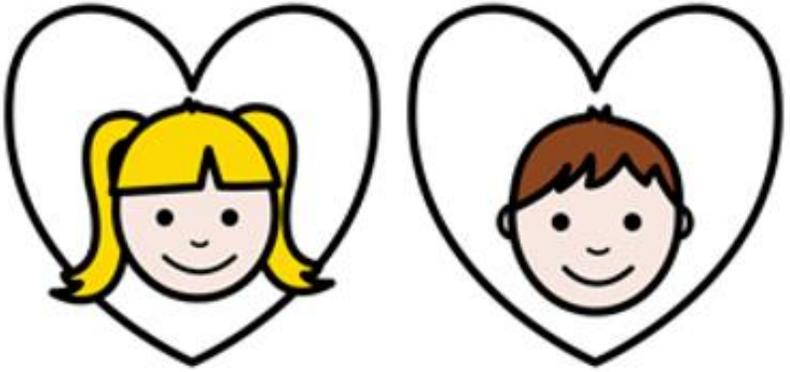
				
<p>Nuestro pelo,</p>	<p>nuestra cara,</p>	<p>nuestro cuerpo,</p>	<p>nuestra ropa</p>	<p>son diferentes.</p>



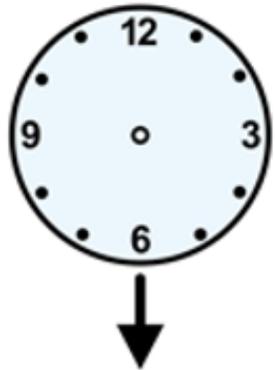
	<h1>1</h1>	
<p>Por eso, todos</p>	<p>somos únicos</p>	<p>y especiales.</p>



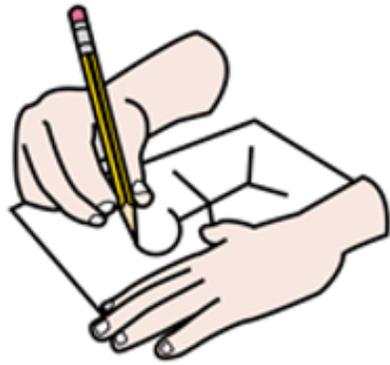
			
<p>Somos importantes</p>	<p>para nuestra familia,</p>	<p>nuestras maestras</p>	<p>y nuestros amigos.</p>

	
<p>Todos</p>	<p>nos quieren.</p>





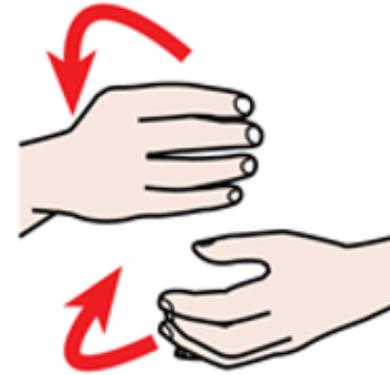
Ahora



vamos a pintarnos



en la estrella



haciendo



lo que nos gusta.



Recuerda



Todos nosotros

1

somos únicos



y especiales.



